



Blind Tiger Brewery & Restaurant

37th St. & Kansas Ave.
Topeka, Kansas 66611

(Virtually) Gluten-Free Menu

Updated March 5, 2026

Our kitchen contains many items made with gluten. Therefore **we cannot and do not guarantee that there will be zero gluten in your food.** At the Blind Tiger Brewery & Restaurant we try to accommodate dietary needs and restrictions. Almost everything on our menu we make from scratch in our kitchen. With our virtually gluten-free items listed below we try to keep gluten away from your food the best we can.

Appetizers

- Peanuts
- Dave's Dip
(corn chips may have residual gluten from our fryer)
- Tiger Paws
- Tiger Wings (order baked, not fried)
- Jumbo Chicken Strips (order grilled, not fried)
- Texas Nachos
(corn chips may have residual gluten from our fryer)

Entrees & Seafood

- Texas Road Runner
- Salmon Filet, Grilled or Blackened
- Shrimp Platter (order grilled, not fried)
- Chicken Fried Chicken (order grilled, not fried)
- Fish-N-Chips (order grilled, not fried, with veggies)
- Chicken Fried Chicken (order grilled with veggies)
- Shrimp Platter (order grilled, not fried)

Side Dishes

- House Salad (order with no croutons)
- Baked Potato (choose from any of our toppings)
- Mashed Potatoes (choose from any of our toppings)
- Medley of Seasonal Vegetables
- Seasoned Black Beans (with bacon)
- Green Beans (with pork)

Steaks

- All of our Steaks are gluten-free
- Prime Rib (Friday, Saturday, & Sunday Special)
(A-1 sauce is gluten-free)
- Either of our Burgers (order without the bun)

Salads

- House Garden Salad (order with no croutons)
(add any meat or fish)
- Caesar Salad
(order with no croutons, add any meat or fish)
- Cobb Salad

Gluten-Free Dressings:

Ranch, Honey Mustard, Caesar, Fat-Free Ranch, Thousand Island, Oil & Vinegar

Bar-Be-Que

- Pulled Pork Platter
- Brisket Platter
- Burnt Ends
- Rib Tip Platter
- Tiger Que Combo Platter
- Ribs (Wednesday Special)
- **Ask for your BBQ with no bread underneath**
- Our KC-Style BBQ Sauce (sweeter) is gluten-free.
- Our Original House BBQ (spicier) is made with beer, so it is **NOT** gluten-free.
- Our Buffalo Wing Sauce is gluten-free.

Notice: Our deep fryers contain some gluten (residual breading), so depending on the severity of your allergy you may not want to eat our deep-fried foods.

Beer Brewed for Every Mood