



Blind Tiger Brewery & Restaurant

37th St. & Kansas Ave.
Topeka, Kansas 66611

Virtually Gluten-Free Menu

Our kitchen contains many items made with gluten. Therefore we cannot and do not guarantee that there will be zero gluten in your food. At the Blind Tiger Brewery & Restaurant we try to accommodate dietary needs and restrictions. Almost everything on our menu we make from scratch in our kitchen. With our gluten-free items listed below we try to keep gluten away from your food the best we can.

Appetizers

- Peanuts
- Hummus Platter
(order with no pita, extra veggies)
- Spinach & Artichoke Dip
(order with veggies, no chips)

Steaks

- All of our Steaks are gluten-free
- Prime Rib (Friday & Saturday Special)
(A-1 sauce is gluten-free)

Entrees

- Texas Road Runner
- Blackened Tilapia
- Salmon Filet, Poached or Blackened

Side Dishes

- House Salad
(order with no croutons)
- Baked Potato
(choose from any of our toppings)
- Mashed Potatoes
(choose from any of our toppings)
- Medley of Seasonal Vegetables
- Seasoned Black Beans (with bacon)
- Green Beans (with pork)
- Fruit Cup

Salads

- House Garden Salad (order with no croutons)
(add any meat or fish)
- Caesar Salad
(order with no croutons, add any meat or fish)
- Cobb Salad

Gluten-Free Dressings:

Ranch, Honey Mustard, Caesar, Fat-Free Ranch, Thousand Island, Oil & Vinegar

Bar-Be-Que

- Pulled Pork Platter
 - Brisket Platter
 - Burnt Ends
 - Rib Tip Platter
 - Tiger Que Combo Platter
- Please ask for your BBQ with no bread.
- Our KC-Style BBQ Sauce (sweeter) is gluten-free.
- Our House BBQ (spicier) is made with beer, so it is not gluten-free.
- Our Buffalo Wing Sauce is gluten-free.

Dessert

- Vanilla or Cinnamon Ice Cream
(whipped cream, chocolate, & caramel sauce available)

Notice: Our deep fryers contain gluten (breading), so depending on the severity of your allergy you may not want to eat our fried foods.

Beer Brewed for Every Mood