

Blind Tiger Brewery

& Restaurant

37th St. & Kansas Ave. Topeka, Kansas 66611

(Virtually) Gluten-Free Menu

Updated November 17, 2023

Our kitchen contains many items made with gluten. Therefore <u>we cannot and do not guarantee that there</u> <u>will be zero gluten in your food</u>. At the Blind Tiger Brewery & Restaurant we try to accommodate dietary needs and restrictions. Almost everything on our menu we make from scratch in our kitchen. With our <u>virtually</u> gluten-free items listed below we try to keep gluten away from your food the best we can.

Appetizers

- Peanuts
- Rib Tips (may have residual gluten from our fryer)
- Dave's Dip

(corn chips may have residual gluten from our fryer)

- Tiger Paws
- Tiger Wings (order baked, not fried)
- Jumbo Chicken Strips (order grilled, not fried)
- Texas Nachos (corn chips may have residual gluten from our fryer)

Entrees & Seafood

- Texas Road Runner
- Salmon Filet, Poached or Blackened
- Shrimp Platter (order grilled, not fried)
- Chicken Fried Chicken (order grilled, not fried)
- Fish-N-Chips (order grilled, not fried, with veggies)
- Chicken Fried Chicken (order grilled with veggies)
- Shrimp Platter (order grilled, not fried)

Side Dishes

- House Salad (order with no croutons)
- Baked Potato (choose from any of our toppings)
- Mashed Potatoes (choose from any of our toppings)
- Medley of Seasonal Vegetables
- Seasoned Black Beans (with bacon)
- Green Beans (with pork)

Steaks

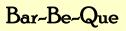
- All of our Steaks are gluten-free
- Prime Rib (Thursday, Friday, & Saturday Special) (A-1 sauce is gluten-free)
- Chopped Steak (Beef or Bison)

Salads

- House Garden Salad (order with no croutons) (add any meat or fish)
- Caesar Salad (order with no croutons, add any meat or fish)
- Cobb Salad

Gluten-Free Dressings:

Ranch, Honey Mustard, Caesar, Fat-Free Ranch, Thousand Island, Oil & Vinegar



- Pulled Pork Platter
- Brisket Platter
- Burnt Ends
- Rib Tip Platter
- Tiger Que Combo Platter
- Ribs (Wednesday Special)
- Please ask for your BBQ with no bread underneath
- Our KC-Style BBQ Sauce (sweeter) is gluten-free.
- Our Original House BBQ (spicier) is made with beer, so it is <u>NOT</u> gluten-free.
- Our Buffalo Wing Sauce is gluten-free.

Notice: Our deep fryers contain some gluten (residual breading), so depending on the severity of your allergy you may not want to eat our deep-fried foods.

Beer Brewed for Every Mood